



Gyms & Fitness

Tailored Air Distribution

Consistent comfort for every workout

Gyms and fitness studios need more than just equipment – they need fresh, comfortable air to create the right training atmosphere. High activity levels, changing temperatures and large groups of people can quickly make the air feel heavy and unpleasant. Prihoda fabric ducting systems deliver healthy, consistent airflow that keeps every workout space inviting and energising.

The challenge

Traditional ventilation systems often struggle in fitness spaces. They can create draughts, noisy airflow and uneven conditions, leaving some areas hot and others cold. Metal ducts are heavy, prone to condensation and difficult to keep clean – a challenge in spaces where hygiene and comfort are essential.

The solution

Prihoda textile ducts spread air evenly across the whole space, eliminating draughts and providing a stable, fresh environment. They operate quietly, making workouts more enjoyable, and can be washed or replaced easily to maintain hygiene. With options for custom colours and logos, fabric ducts also complement the design and branding of gyms and studios.

Why Prihoda?

No two gyms are the same. Prihoda designs air distribution systems tailored to the unique layout and requirements of each fitness space. Using advanced Air Tailor software, we can model airflow and provide reliable solutions before installation. Our ducts are lightweight, durable and available in recycled fabrics, combining long-term performance with sustainability:



Even air distribution

comfort across the entire training area



Lightweight and corrosion-free

easy to install and maintain



Quiet operation

maintains focus and a pleasant environment



Customisable design

colours and branding options available



Hygienic

ducts can be easily washed or replaced



Energy efficient

optimised airflow reduces HVAC demand



Trusted expertise

Prihoda has provided fabric ducting solutions to gyms and fitness facilities worldwide. From boutique studios to large fitness chains, our systems create healthier, more comfortable environments that support both performance and customer satisfaction.

Compared to Metal Ducts

	Metal ducts	Fabric ducts
Weight	Heavy	Lightweight
Corrosion	High risk	Corrosion-free
Condensation	Frequent	Prevented
Maintenance	Complex, costly	Easy washing
Airflow	Uneven, draughts	Balanced, gentle
Noise	Turbulent, loud	Absorbed, quiet
Design freedom	Limited	Colours, shapes, prints

// Take the next step //

Get in touch with us to discuss your gym or fitness project. We'll prepare a tailor-made airflow design for you.

info@prihoda.com

